## Gwasanaeth Golwg Gwan Cymru

 Low Vision Service Wales
## Low Vision

Service Wales

If you have
impaired vision we can help you make the most of your sight. 01267248793
www.eyecare.wales.nhs.uk


# Help for adults and children with low vision living in Wales 

The Low Vision Service Wales can provide specialist visual aids, magnifiers, lamps and advice, free of charge, to those who struggle to see clearly when using prescribed glasses or contact lenses.

Accredited Low Vision opticians provide this free NHS service in your community.

They can also direct you to further help from local Authority Services, your GP, Pharmacist, Voluntary Support Groups and other resources in your area.

## How do I get an assessment?

You must live in Wales and have had a recent sight test (or be prepared to have one).

You can be referred by any of the following:

- Yourself, family or friends
- Your own Optometrist/Optician
- GP or Pharmacist
- Local Authority Services
- Hospital Eye Services
- Community Services
- Education Providers
- Voluntary groups

The Low Vision Assessment is normally provided in an opticians practice but in some cases can be carried out in your own home.

## Low Vision Service Wales

## What can I expect?

An appointment lasting up to 1 hour with an accredited Low Vision Optician who will:

Discuss the difficulties that your vision impairment causes you

Measure your vision
Help you to try out appropriate visual aids and prescribe suitable ones for you

Discuss your eye condition/s with you

Provide information on support, education, employment and voluntary services in your area where applicable

Refer you to other health professionals and support services if required.

## Where do I find this free service?

To find a practice near to you that offers the Low Vision Service Wales you can:

Telephone
01267248793

Visit
www.eyecare.wales.nhs.uk

Ask your local Optician or
Optometrist to direct you
Look for the Low Vision Service Wales logo in the
Optician's/Optometrist's window

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## Optional Information

